

## **BICYCLE/SKATE BOARD SAFETY**

- Ride or skate on the right side of the road
- Always ride or skate in the same direction as cars, use paths if available
- If riding or skating in groups, ride/skate in single file not side by side
- Be careful around people
- Obey traffic signs and signals
- Wear light colors and reflective strips when riding at night
- ALWAYS wear a helmet
- NEVER hang onto a moving vehicle when on your bike, skates, or skateboards